



INDIAN MEDICAL ASSOCIATION, TELlichERRY

Monthly Report of Activities for the month of FEBRUARY 2023

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2.MEMBERSHIP

SCHEME	SCHEMES JOINED THIS MONTH	TOTAL MEMBERS JOINED
NEW MEMBERS	1	563
JDN(Less than 40)		128
SSS I	1	315
SSS II	1	276
SSS III		236
PPS	1	320
CGP		36
AMS	-	133
PEPS		10
KHS		347
MBS		28
PENSION SCHEME	-	28
PDSS		14
NAMMUDE AROGYAM COPIES		400

3. ACADEMIC ACTIVITIES

a) BRANCH LEVEL

22.02.2023: CME

IMA Thalassery conducted a CME on 22.02.2023 at IMA Hall Thalassery. CME on “Surgical Management of Gall stones and its Complications” by Dr.Ramalingam T (Consultant Gastro Surgeon, Baby Memorial Hospital, Kozhikode) and “Gall stones and medical management, Management of Choledocholithiasis” by Dr.Athul Hareendran (Consultant Gastroenterologist, Baby Memorial Hospital, Kannur). The CME was followed by a lively interaction. Dr.Jayakrishnan Nambiar (President IMA Thalassery) presided over the meeting. 33members attended the meeting.



**INDIAN MEDICAL ASSOCIATION
THALASSERY**

Dear Dr,
IMA Thalassery cordially invite you for the General body cum CME Meeting to be held on 22nd February 2023 at 8.00pm, Wednesday at IMA Hall Thalassery.

Surgical management of Gall stones and its complications
Dr. Ramalingam T
MS (Gen Surg), DNB (Surg Gastro)
Consultant Gastro Surgeon
Baby Memorial Hospital, Kozhikode



Gall stones & medical management Management of Choledocholithiasis
Dr. Athul Hareendran
MD (Gen Med), DM (Gastro)
Consultant Gastroenterologist
Baby Memorial Hospital, Kannur



Dr. Jayakrishnan Nambiar(President) **Dr. Nadeem Abootty(Secretary)** **Dr. Sreejith V(Treasurer)**



b)ZONAL LEVEL

25.02.2023 & 26.02.2023: Healers Cricket League

IMA Thalassery conducted Cricket tournament for doctors in North Zone of Kerala at historic Thalassery Muncipal Stadium on 25th and 26th of February 2023. Tournament was conducted as a part of membership campaign to get connected with new young doctors and also to interact with like minded doctors in IMA so that organisation can be strengthened.

13 teams consisting only doctors participated in two days tournament. Cricket tournament was officially inaugurated by Thalassery Muncipal chairperson Smt.Jamunarani Teacher in presence of senior IMA leaders. It was great cricketing show by all the teams and Calicut Blasters became champions by defeating Calicut Zamorins in the finals. Dr Anees mannath of Calicut Blasters was selected as best batsman and most valuable player of the tournament. Dr Shaneed from Calicut Zamorins won the best bowler of the tournament award.

Dr Joseph Beneven IMA State secretary was the chief guest for finals. He presented the winners and runners-up trophy and cash prizes. During post match presentation Dr Arun Kumar, Dr Shaji S (Sports committee chairman IMA KSB), Dr Jayakrishnan Nambiar (IMA Thalassery Branch President), Dr Rajeev Nambiar (IMA Thalassery Past President), Dr Nadeem Abootty (Secretary IMA Thalassery), Dr Sijad (Sports committee resource person Thalassery IMA) and senior IMA leaders were present.

During the tournament we got chance to interact with a set of young doctors to whom we introduced IMA and it's activities and quite a few assured to join IMA soon.

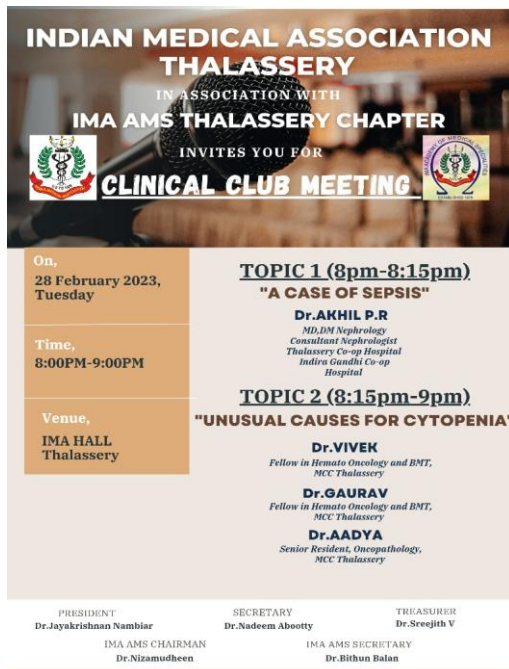




c) SUB FACULTY OF AMS

28.02.2023: Clinical Club Meeting

IMA Thalassery and IMA AMS Chapter conducted Clinical Club meeting on 28th February at IMA Hall Thalassery. Topic 1:” A Case of Sepsis” by Dr.Akhil P R,Consultant Nephrologist,Thalassery Co-operative Hospital and Topic 2: Unusual Causes for Cytopenia”,Speakers Dr.Vivek, Fellow in Hemato Oncology and BMT,MCC Thalassery, Dr.Gaurav,Fellow in Hemato Oncology and BMT,MCC Thalassery and Dr.Aadya, Senior Resident, Oncopathology, MCC Thalassery. The Clinical Club was followed by a lively interaction. Dr. Jayakrishnan Nambiar presided over the meeting. 55 members attended the meeting.



INDIAN MEDICAL ASSOCIATION THALASSERY
IN ASSOCIATION WITH
IMA AMS THALASSERY CHAPTER
INVITES YOU FOR
CLINICAL CLUB MEETING

On,
28 February 2023,
Tuesday

Time,
8:00PM-9:00PM

Venue,
IMA HALL,
Thalassery

TOPIC 1 (8pm-8:15pm)
"A CASE OF SEPSIS"
Dr.AKHIL P.R
MD,DM Nephrology
Consultant Nephrologist
Thalassery Co-op Hospital/
Indira Gandhi Co-op
Hospital

TOPIC 2 (8:15pm-9pm)
"UNUSUAL CAUSES FOR CYTOPENIA"
Dr.VIVEK
Fellow in Hemato Oncology and BMT,
MCC Thalassery
Dr.GAURAV
Fellow in Hemato Oncology and BMT,
MCC Thalassery
Dr.AADYA
Senior Resident, Oncopathology,
MCC Thalassery

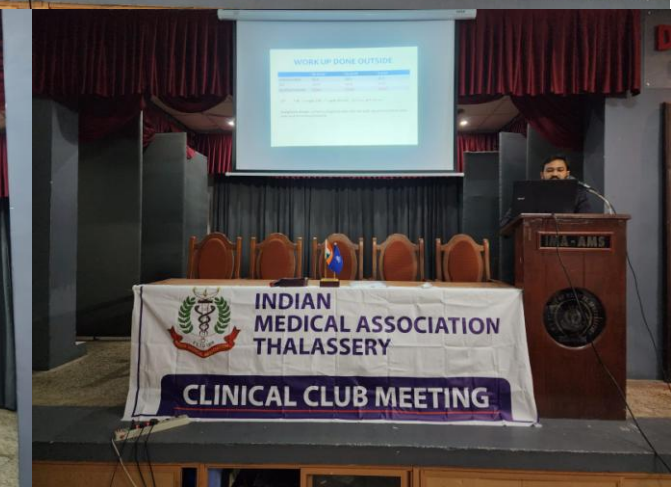
PRESIDENT
Dr.Jayakrishnan Nambiar

SECRETARY
Dr.Nadeem Abootty

TRIASURER
Dr.Sreejith V

IMA AMS CHAIRMAN
Dr.Nizamudheen

IMA AMS SECRETARY
Dr.Bihun Balan





d) SPECIAL TRAINING PROGRAMME

IMA Thalassery in association with Poorva Vidhyarthi Vedi of Hrudayaram College conducted a work shop on Psychiatry - Psychology inter phase. Students who completed their course from Hrudayaram participated in the workshop. Dr Sajeev Kumar MD Senior Consultant Psychiatrist lead the half day camp.



4. ORGANIZATIONAL ACTIVITIES

1).GENERAL BODY

22.02.2023: General Body Meeting

General Body Meeting was held at IMA Thalassery on 22.02.2023. Dr.C K Jayakrishnan Nambiar (President IMA Thalassery) welcomed the gathering. 33 members attended the meeting. Vote of thanks proposed by Dr.Nadeem Abootty (Secretary IMA Thalassery).



**INDIAN MEDICAL ASSOCIATION
THALASSERY**

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IMA Thalassery cordially invite you for the General body cum CME Meeting to be held on 22nd February 2023 at 8.00pm, Wednesday at IMA Hall Thalassery.

**Surgical management of Gall stones
and its complications**

Dr. Ramalingam T
MS (Gen Surg), DNB (Surg Gastro)
Consultant Gastro Surgeon
Baby Memorial Hospital, Kozhikode



**Gall stones & medical management
Management of Choledocholithiasis**

Dr. Athul Hareendran
MD (Gen Med), DM (Gastro)
Consultant Gastroenterologist
Baby Memorial Hospital, Kannur



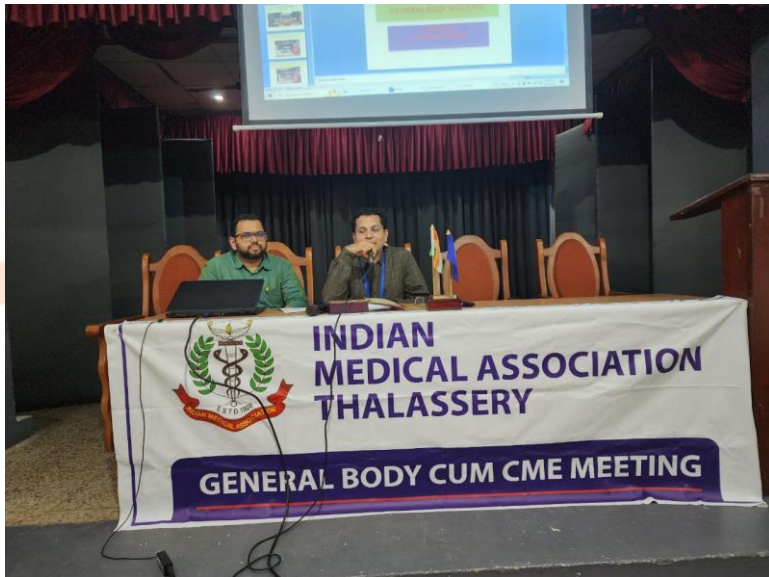
Dr.Jayakrishnan Nambiar(President)



Dr.Nadeem Abootty(Secretary)



Dr.Sreejith V(Treasurer)



2) EXECUTIVE COMMITTEE MEETINGS

01.02.2023: Executive Meeting

Executive Committee Meeting on 11.01.2023. Dr.Jayakrishnan Nambiar (President IMA Thalassery) welcomed the gathering. 30 members attended the meeting. Vote of thanks was proposed by Dr.Nadeem Abootty (Secretary IMA Thalassery).



3. ATTENDANCE IN SWC MEETINGS

12.02.2023: State Working Committee

Dr.Babu Ravindran T N(Past National Vice President IMA), Dr.Ramesh R(Past State President IMA), Dr.Pradeep Kumar (SWC Member), Dr.Jayakrishnan Nambiar (President IMA Thalassery) and Dr.Nadeem Abootty(Secretary IMA Thalassery) attended the State Working Committee meeting at IMA Head Quarters Trivandrum.



4.ATTENDANCE IN STATE MEETING

15.02.2023: District Committee Meeting

Dr.Jayakrishnan Nambiar (President IMA Thalassery), Dr.Nadeem Abootty (Secretary IMA) participated the Dist Committee Meeting at Zoom Platform. Various activities of branch was elaborated by president and upcoming activities including membership campaign and Cricket Tournament for doctors was briefed by Secretary.Dr.Johnny Sebastian was appointed as Act Force Resource Person for Thalassery Branch and was conveyed to Dist Committee.



5.WOMEN DOCTORS WING ACTIVITIES

16.02.2023: VIVA

Inauguration of VIVA Programme on 16th at Kadalpalam Thalassery by Municipal Chairperson Mrs.Jamuna Rani Teacher by Flying kites and Dr.Suja Ajith(Secretary WDW Thalassery) felicitated the programme.




As part of VIVA Programme **Dr.Suja Ajith, Dr.Maya Jithin, Dr.Sreedevi** participated in the lighting of lamp at Old Bus Stand Thalassery along with Asha Workers and Kudumbasree workers.



5. SOCIAL ACTIVITIES

FIRST AID CLASSES & ELS TRAINING


07.02.2023: IMA Thalassery in association with Muzhapilangad FHC and Edakkad Police Station conducted a Basic Life Support Training Class at Edakkad Police Station for Auto taxi drivers and FHC Staff. Class was taken by Dr.Anand K.




INDIAN MEDICAL ASSOCIATION THALASSERY

**Basic Life Support Training Class
at Edakkad Police Station for Auto
taxi drivers and FHC Staff**

Date:07.02.2023
Venue: Edakkad Police Station



Dr. Jayakrishnan Nambiar
President IMA



Dr. Nadeem Abooty
Secretary IMA



FELICITATION FUNCTION


Dr Jayakrishnan Nambiar (president), Dr Nadeem Abootty (Secretary), Dr Rajeevan VK, Dr Mini Balakrisnan, Dr Satheesh Balasubramniam, Dr Madhusudhan, Dr Sahabudheen attended as special guests in function for honouring Sub Inspector Thalassery for achieving presidential medal from Hon'ble president of India Smt Droupadi Murmu during republic day functions.



MEDICAL CAMPS

04.02.2023: ENT Camp

IMA Thalassery conducted ENT Camp at Pinarayi UP School on 04.02.2023 and distributed medicine for free. Dr. Hanish Haneefa examined the patients.




INDIAN MEDICAL ASSOCIATION THALASSERY


ENT CAMP

Date: 04.02.2023
Venue: Pinarayi UP School

Speaker
Dr. Hanish Haneefa



Dr. Jayakrishnan Nambiar
President IMA



Dr. Nadeem Abootty
Secretary IMA



06.02.2023: Blood Donation Camp

Blood Donation Camp at Koodarapura Charitable Trust. Camp inaugurated by Dr.Mini Balakrshnan.



11.02.2023: ENT Camp

IMA Thalassery conducted ENT Camp at Sree Narayana Nursery Scool at Kuttimakool on 11.02.2023 and distributed medicine for free. Dr.Radhakrishnan examined the patients.



26.02.2023: Free Medical Camp Chittariparamba.

IMA Thalassery & Mission Hospital conducted a Free Medical Camp at Govt Higher Secondary School, Chittariparamba. Dr.Hanish Haneefa, Dr. P R Venugopal, Dr.Aiswarya A P & Dr.Radhika Nambiar examined the patients.

സൗജന്യ ചെഡിക്കൽ ക്യാമ്പ്
 GOVT. HIGHER SECONDARY SCHOOL, CHITTARIPARAMB FEB 26 10.30AM TO 2.30 PM
 BOOKING TIME : 19-02-2023 10AM TO 25-02-2023 5PM

FREE PULMONARY FUNCTION TEST BLOOD SUGAR TEST

കോവിഡ് വ്യാധിയുടെ പശ്ചാത്താപം, വ്യക്തിഗത ചികിത്സ, ജീവനിലം വ്യാധികളുടെ ഉപചാരം മുഖേന നിങ്ങളുടെ ശ്വാസകോശത്തിന് ക്ഷമ ഉണ്ടായിട്ടുണ്ടോ എന്നു തിരിച്ചറിയുന്നതിനുള്ള സൗജന്യ പരിശോധനാ കേന്ദ്രം. ഇവയ്ക്ക് പുറമെ കോവിഡ് പരിശോധന (ആൻറിബോഡി കോവിഡ്), ശ്വാസകോശങ്ങൾ സ്റ്റീനിയോ ഓഡിറ്റോറി (ശ്വാസകോശ മുറുകൽ, ശ്വാസനാളി ക്ലോസ്റ്റ്) എന്നീ പരിശോധനകളും സൗജന്യമായി ചെയ്യിക്കാനുള്ളതാണ്.

ENT (പരിശോധനാ എഞ്ചിനീയറിംഗ് ഉപന്യാസം)
 DR.HANISH HANEefa MBBS,MS,FAES
 FOR BOOKING : 974 771 7411

പുരുഷനേതൃത്വം (ശ്വാസകോശ രോഗ വിദഗ്ദ്ധൻ)
 DR.AISHWARYA A.P. MBBS,MD (PULMONOLOGIST)
 FOR BOOKING : 952 650 9157

സ്ത്രീസംരക്ഷണ എൻഡോക്രൈൻ (ശ്വാസകോശ വിദഗ്ദ്ധൻ)
 DR.MUHAMMED YASID MBBS,MD, DNB(GM), DM(MGE)
 FOR BOOKING : 623 849 9742

രോഗനേതൃത്വം (സ്പെഷ്യാലിസ്റ്റ്)
 DR.P.R.VENUGOPAL MBBS,MD,DEO
 DR.RADHIKA NAMBIAR, MBBS,DEO
 FOR BOOKING : 977 875 6255

ക്യാമ്പിൽ പങ്കെടുക്കുന്നവർക്ക് 10% ഇളവ്
 തിരിച്ചറിയുന്നതിനുള്ള സൗജന്യമായി വരാം

ചികിത്സാ വിഭാഗങ്ങൾ
 ENT | Nephrology | Paediatrics | Chest medicine | Orthopaedic | Cardiology | Pathology | Anaesthesia
 Obstetrics & Gynaecology | Surgery | Radiology | Neurology | Dermatology | Gastroenterology
 Urology | Psychiatry | Dentistry | General Medicine | Clinical Psychology | Audiology | Physiotherapy

26.02.2023: Free Kidney Disease Detection Camp.

IMA Thalassery and Baithul Mall Charitable Trust conducted a Free Kidney Disease Detection camp at Bright School Chettamcoon. Dr.Rajeev Nambiar inaugurated the programme.

സൗജന്യ വൃക്ക രോഗ നിർണ്ണയ ക്യാമ്പ് സംഘടിപ്പിച്ചു

ബൈത്തൂൽ മാൽ ചാരിറ്റബിൾ ട്രസ്റ്റിന്റെയും, മുസ്ലിം ലീഗ് ചേറുംകുന്ന് വാർഡ് കമ്മിറ്റിയുടെയും ആഭിമുഖ്യത്തിൽ നടത്തിയ സൗജന്യ വൃക്ക രോഗ നിർണ്ണയ ക്യാമ്പ് ഡോ.രാജീവ് നമ്പ്യാർ ഉദ്ഘാടനം ചെയ്തു

26.02.2023: Fibro Scan Test Camp

Free Fibro scan organized by Thalassery IMA at Co-operative Hospital, Thalassery. About 50 patients got the free service, each scan worth Rupees 6000 and above. Dr.Sandeep Narayanan, Consultant Gastro entomologist examined the patients.Dr.Jayakrishnan Nambiar(President IMA Thalassery) presided the function.



Medical Help Desk

IMA Thalassery and Co-op Hospital together conducted Medical Help Desk at Ponniathankam Programme held at Ezharakandam Thalassery.



27.02.2023: IMA Thalassery conducted a special psychiatry camp at Chitrari Asha School. Dr Sajeev Kumar senior Consultant Psychiatrist evaluated school children there and prescribed medications for the behaviour problems of kids. Also interacted with parents and teachers on behavioural therapy and educated on parenting skills to manage autistic kids at home.



HEALTH EDUCATION CLASSES

09.02.2023: Awareness Class on Adolescent Health

IMA Thalassery conducted an Awareness Class on Adolescent Health at Chodavoor HSS on 9th February. Class was taken by Dr.Radhika Aravind (Consultant Gynaecologist, Tellicherry Co-op Hospital).

INDIAN MEDICAL ASSOCIATION THALASSERY

Reproductive Health Awareness Class

Date:09.02.2023
Venue: Chodavoor HSS

Speaker

Dr.RADHIKA ARAVIND
(Consultant Gynaecologist)

Dr.Jayakrishnan Nambiar
President IMA

Dr.Nadeem Abooty
Secretary IMA



10.02.2023: Awareness class on TB

IMA Thalassery conducted an Awareness class on TB at Krishnan Menon Women's College. Class was taken by Dr.Rejna Dilnath.



10.02.2023: Awareness Class on TB and LTBI

IMA Thalassery conducted an awareness Class on TB and LTBI in SN Vidhya Mandir Talap, Kannur. Conducted as 2 separate sessions for students and teachers. Dr.Rejna Dilnath took the class.



13.02.2023: Adolescent Reproductive Health class

Adolescent Reproductive Health class in Chirakkal HSS Kannur. Class was taken by Dr.Geetha M.



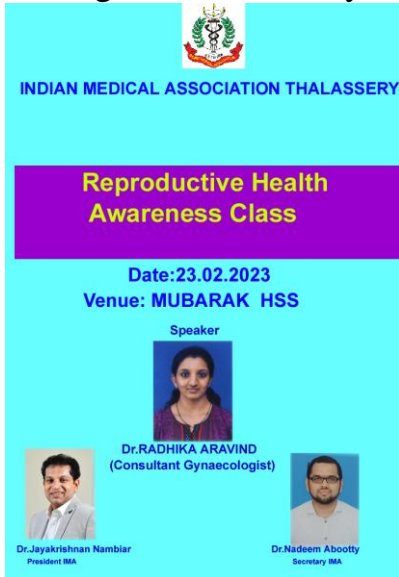
16.02.2023: Awareness class on TB

IMA Thalassery conducted an Awareness class on TB at Kannur University. Class was taken by Dr.Rejna Dilnath.



23.02.2023: Awareness Class on Adolescent Health

IMA Thalassery conducted an Awareness Class on Adolescent Health at Mubarak HSS on 23rd February. Class was taken by Dr. Radhika (Consultant Gynaecologist, Tellicherry Co-op Hospital).



INDIAN MEDICAL ASSOCIATION THALASSERY

Reproductive Health Awareness Class

Date: 23.02.2023
Venue: MUBARAK HSS

Speaker

Dr. RADHIKA ARAVIND
(Consultant Gynaecologist)

Dr. Jayakrishnan Nambiar
President IMA

Dr. Nadeem Abootty
Secretary IMA



INVOLVEMENT IN NATIONAL HEALTH PROGRAMMES

All National Health days were observed .

World Cancer Day

COMMUNITY DEVELOPMENT PROGRAMMES

16.02.2023: Dr. Jayakrishnan Nambiar (President IMA) donated Street Lamp for Dharmadam 15th Ward on behalf of IMA Thalassery.



IMA THALASSERY
LIONS CLUB DHARMADAM

15ാം വാർഡ് ജനകീയ കുട്ടായ്മ
എന്നിവയുടെ സംയുക്ത ആഭിമുഖ്യത്തിൽ

**തെരുവ് വിളക്ക്
സമർപ്പണം**

ബ്രണ്ണൻ കോളേജ് വനിത പോസ്റ്റൽ പരിസരം 16/02/2023 വൈകു: 6 മണിക്ക്

ഉദ്ഘാടനം: ശ്രീ. എൻ. കെ. രവി
(ധർമ്മദാം ഗ്രാമ പഞ്ചായത്ത് പ്രസിഡന്റ്)

മുഖ്യാതിഥി: ഡോ. ജയകൃഷ്ണൻ നമ്പ്യാർ
പ്രസിഡന്റ് IMA തലശ്ശേരി

ഡോ. ജയകൃഷ്ണൻ നമ്പ്യാർ ശ്രീ. എൻ. കെ. രവി



6.NAMMUDE AROGYAM SUBSCRIPTION

Thalassery IMA has been the subscriber for Nammude Arogyam. 400 copies being ordered this month. These copies are being distributed through various private hospitals in Thalassery.

6.OBSERVATION OF IMPORTANT DAYS

04.02.2023: World Cancer Day

World Cancer Day programme at General Hospital Thalassery. Programme inaugurated by Dr.Rajeevan V K,Suptd GH Thalassery. Health Awareness class given by Dr.Sandeep, Oncologist and Dr.Suja, Gynaecologist.



Awareness programme on Cancer Day FHC Muzhapilangad. Class was taken by Dr.Sreeja Viswan and Dr.Megha.



IMA Thalassery ,Malabar Cancer Centre and Kannur Dist Cancer Control Consortium conducted Cancer Prevention Awareness programme at Thalassery Justice V R Krishnayar Municipal Stadium on 04.02.2023.Dr.Mini Balakrishnan(IPP) addressed the gathering.



Dr.Geetha M (Chairperson WDW) attended the programme conducted by MalabarCancer Care Society and various institutions on the Cancer Prevention Drive programme.



IMA Thalassery, General Hospital Thalassery and Thalassery Municipality together conducted Cancer Awareness and Cancer Detection programme at Pallissery Anganwadi. Mrs.Jamuna Rani Teacher (Municipal Chairperson,Thalassery) inaugurated the function. Dr.Suja Ajith (Secretary WDW) and Dr.Rajitha examined the patients.



7.SPECIAL PROJECTS OF THE BRANCH

IMA Pain& Palliative Care Society & Pain Clinic at Govt. General Hospital Thalassery

This prestigious project of IMA Thalassery is conducted on every Wednesday afternoon with home visits on Wednesdays and Saturdays. Doctors, Volunteers strive to bring solace to the terminally ill patients. The funds are raised from monthly contributions from members and the public.

Pain & Palliative Donation Boxes

The boxes for raising funds for the clinic were placed in all the Private Hospitals in Thalassery and leading Medical Stores in Thalassery.

ACTIVITY REPORT OF IMA PAIN & PALLIATIVE CARE SOCIETY, THALASSERY

Pain and Palliative February Reports

- 1...NUMBER OF NURSES HOME CARE CONDUCTED..8
(ON ALL WEDNESDAY & SATURDAYS)
- 2...NUMBER OF VOLUNTEERS HOME CARE...9
- 3...NUMBER OF VOLUNTEERS HOME CARE PATIENTS.. 34
- 4...NUMBER OF NURSES HOME CARE PATIENTS... 34
- 5...NUMBER OF OUT PATIENTS (OP) CONDUCTED... 4 (ON ALL WEDNESDAYS)
- 6...NUMBER OF OP PATIENTS ATTENDED... 82
- 7..NUMBER OF WOUND CARE PATIENTS.. 5
- 8..NUMBER OF CATHEETER CARE PATIENTS.. 14
- 9..NUMER OF DEATH CASES... 6
- 10..NUMBER OF MORPHINE PATIENTS...30
- 11..NUMBER OF VOLUNTEERS PARTICIPATED IN THE HOME VISITED.. 9
- 12..NUMBER OF DOCTORS HOME CARE... 4
- 13..NUMBER OF DOCTERS HOME CARE PATIENTS.. 4
- 14.... NUMBER OF NEW CASE... 15

TIDA PROJECT

Tellicherry IMA Doctors Alliance report

Construction going in high speed and as per schedule. 10 th floor construction started. All the quality and quantity check ups are done by Tree consultants. Phase 2 of the project (Club House and Conference hall) design send for approval. All the mandatory permissions like PCB, fire and safety NOC are process; will be sanctioned in few days soon. As per plan we can complete the project in January 2025.

MEMBERSHIP CAMPAIGN

01.02.2023: “Why should I be an IMA member?” campaign by Thalassery IMA branch was inaugurated at Kannur Medical College by Dr Babu Raveendran (Past National Vice President IMA) on 01-02-2023. Dr Jayakrishnan Nambiar (President, IMA Thalassery) presided the meeting. Dr R Ramesh (Former DHS and Past IMA State President) was the keynote speaker. Dr Vidyadhar Rao(Principal, Kannur Medical College) welcomed the gathering. Dr Nadeem Abootty (secretary, IMA Thalassery) moderated the discussion. Dr Sajid Omer (General Manager, Kannur Medical College) expressed the official vote of thanks. Meeting was well attended by doctors of Kannur Medical College and doctors practicing near by.

Speakers highlighted the importance of organisation and the benefits of being an IMA member. They also enlighten how to avoid hospital attacks and in case if any occurs how to respond as a team in an health care institution. Leaders explained how IMA can help the doctors in tough situations.

Along with the above program Kannur Medical College dialysis unit was officially inaugurated by Dr Babu Raveendran (Past National Vice President, IMA).

Indian Medical Association
Thalassery

CAMPAIGN INAUGURATION AT KANNUR MEDICAL COLLEGE ANJARAKANDI

DATE: 1-2-2023 WEDNESDAY 1.30 PM

AGENDA:

- To honor from doctors at Kannur Medical College regarding the issues faced by them in their profession.
- To discuss regarding hospital violence.
- To give insight how IMA can help them in tough situations.
- Benefits of being an IMA member.

KEYNOTE ADDRESS BY:
DR. BABU RAVEENDRAN T.N.
PAST NATIONAL VICE PRESIDENT IMA

PROCEEDING ADDRESS BY:
DR. JAYAKRISHNAN
PRESIDENT IMA

KEYNOTE SPEAKER:
DR. BABU RAVEENDRAN T.N.
PAST NATIONAL VICE PRESIDENT IMA

OTHER PARTICIPANTS:
DR. RAMESH R.
JUDICIARY OFFICER

OFFICE OF THE DIRECTOR:
DR. SAJJID OMER
DIRECTOR, KANNUR MEDICAL COLLEGE

OTHER PARTICIPANTS:
DR. JAYAKRISHNAN
PRESIDENT IMA
DR. HADEESH ABDOLY
VICE PRESIDENT IMA
DR. SREETHA V.
PRESIDENT IMA





DON'T DO DRUGS

Year Long Mission of IMA Tellicherry

One of the most terrifying menaces faced by the present world is drug abuse. Drug abuse refers to reckless usage of psychoactive drugs as recreational substances, consumed for pleasure .There are various mediums through which Drugs are consumed, like smoking, oral ingestion, inhalation, injection, etc.

All these drugs have tremendous side effects, which can later give rise to several diseases. Drug abuse affects one's stability of mind, inflicting mood swings and later psychological and physical addiction, leading to physical, emotional, job-related and other social problems. The statistics of drug abuse is frightening everywhere. Each year, drug abuse is directly and indirectly responsible for 11.8 million deaths all over the world. The number of drug related maladies is much more than this. Thus drug abuse can turn out to be a very scary affliction for the entire humankind.

In our state, the available data is alarming. Drug abuse among youngsters and even school children are being reported with a day by day increase. Government has come up with strict rules and regulations against drug abuse and distribution, which are being over thrown in many instances. Hence it becomes everyone's duty as responsible citizens, not to misuse the drugs and to involve in anti-drug campaigns.

As an association vouched to the comprehensive well being of the society, IMA Thalassery has decided to conduct a Year Long Mission to fight against drug abuse, with a catch line 'DON'T DO DRUGS'.

The general plan is to spread awareness by conducting classes, audiovisual demonstrations and advice sessions all over our territory by experts from medical field and others like educationists, sports persons, excise & police officials, lawyers, screen celebrities and opinion makers.

Moreover, IMA plans to involve in preventive and treatment aspects of the problem also. Such programs will address not only the drug abuse behavior itself, but also the relevant cultural, ethnic, regional, environmental and bio –psycho-social aspects of various population segments.

By embracing such an ambitious program, IMA Tellicherry expects to gradually bring about a drug free society around us. While envisaging this dream project, IMA expects honest support and truthful cooperation of responsible citizens from all sections of the society.

Please be with us in this noble pursuit...

Programs will be reported as and when they are conducted.

22.02.2023: As part of the Don't do Drugs campaign IMA conducted Awareness programme at SN College Kannur on 22.02.2023. Dr.K Ajayakumar(Principal SN College,Kannur) presided the function. IMA President Dr. Jayakrishnan Nambiar and Dr.Sajeev Kumar(Consultant Psychiatrist) took awareness classes on Drug Abuse. 650 students attended the programme.

INDIAN MEDICAL ASSOCIATION THALASSERY

DON'T DO DRUGS

INDIAN MEDICAL ASSOCIATION THALASSERY

Awareness Programme

Date : 22.02.2023 (Wednesday)
Time : 1.30 pm
Venue : S N COLLEGE, KANNUR

Dr. Jayakrishnan Nambiar
Consultant Orthopedics Surgeon
President IMA

Dr. Nisfom Absooty
Family Physician
Secretary IMA

Dr. Sajeev Kumar P B
Consultant Psychiatrist

Dr. Rashmi Ramesan
Consultant Psychiatrist



26.02.2023:ZUMBA FITNESS PARTY & Dance Workshop

As part of Say no to drugs but to fitness the programme of Zumba Fitness party and dance Workshop was held at Kadalpalam,Thalassery.Dr.Mini Balakrishnan(IPP) inaugurated the function.



MISSION PINK HEALTH

All the Mission Pink Health activities are going on and has been reported to the Mission Pink Health Chairperson.

Mutual Benefit Scheme

A scheme for members conducted every year, through which members as well as the association is benefited.23 members of our branch have joined.

Sports Wing

09.02.2023: IMA Thalassery Cricket team participated in All Kerala Professional Cricket league conducted by Thalassery Engineering College. Dr. Jayakrishnan Nambiar (President IMA Thalassery) was the Chief Guest for the inaugural Ceremony. Inauguration of the Tournament was done by Dist Collector Sri. Chandrasekhar, IAS.



IMA & Media

05.02.2023: Dr. Babu Ravindran (Past National Vice President IMA) attended “NER REKHA PROGRAMME” by Kannur Vission and was a panelist on the debate regarding “The doctor patient relationship that goes wrong”.



Award

IAP Kerala State Branch receiving the Best branch award at the NATIONAL PEDICON 2023.



Body building Championship

Dr.Thajudheen C P emerged as Masters Champion in District Body building Championship conducted by Kannur Body Building Association.



കണ്ണൂർ ജില്ല തോട്ടി തിരുവനന്തപുരം ജില്ലാ പാലയംകളിൽ എൽ.പി.എസ്. കോളേജിൽ ജനറേറ്റർ പാലയം നാൽ അമ്മേജൻമാർക്ക് തോട്ടി.പി.എസ്.കോളേജിൽ (തമ്പലമുക്ക്), മെൻ ജൂനിയർ - അസർ സർജനാഥൻ ഇലക്ട്രിക്, മെൻ, നാൽ അസർ സർജൻ ജൂനിയർ മെൻ എൽ.പി.എസ്. കോളേജിൽ - അതിൽ നാൽ പാലയംകളുടെ പിൽ സിറ്റിംഗ് കഴിഞ്ഞു.

Dr.Thajudheen C P finished 2nd place in Masters Champion Category in State Body building Championship conducted at Calicut.



PUBLIC FUNCTIONS & SOCIAL INVOLVEMENT

04.02.2023: Dr.Jayakrishnan Nambiar (President IMA Thalassery)was invited as the Special Guest of NOVA Cosmotology ClinicThalassery , he attended the function and delivered speech.



05.02.2023:IDA Installation Ceremony

Dr.Jayakrishnan Nambiar and Dr.Nadeem Abootty attended the IDA Installation Ceremony at Lions Hall Thalassery.



10.02.2023: Dr.Nadeem Abootty,Secretary IMA Thalassery inaugurated school level “HAPPY DRINKS” programme at Madrasa Anwariya LP School and gave an Health Awareness talk on 10.02.2023.



11.02.2023: Dr.Jayakrishnan Nambiar (President IMA) was the chief guest on the inauguration of New Snehakoodu shifted to Dharmadam. Dr.T Ramesan who is the founder of Palliative Care at Thalassery and Blood Donation Group formation was honoured at the function.



26.02.2023: AIMA-Family Meet

All India Malayalee Association conducted Family meet at Gokulam Fort Thalassery on 26.02.2023. Dr.Jayakrishnan Nambiar, Dr.Mini Balakrishnan, Dr.Rajeev Nambiar & Dr.Madhusoodanan were honoured at the function.



